## References

- 1 Forouzanfar MH, Alexander L, Anderson HR, Bachman VF, Biryukov S, Brauer M, et al. Global, regional, and national comparative risk assessment of 79 behavioural, environmental and occupational, and metabolic risks or clusters of risks in 188 countries, 1990-2013: a systematic analysis for the Global Burden of Disease Study 2013. The Lancet. 2015; 386(10010): 2287-323.
- 2 NCD Risk Factor Collaboration. Trends in adult body-mass index in 200 countries from 1975 to 2014: A pooled analysis of 1698 population-based measurement studies with 19.2 million participants. The Lancet. 2016; 387(10026): 1377-96.
- 3 The GBD Obesity Collaborators. Health Effects of Overweight and Obesity in 195 Countries over 25 Years. New England Journal of Medicine. ,2017; 377(1): 13-27.
- 4 Singh GM, Micha R, Khatibzadeh S, Shi P, Lim S, Andrews KG, et al. Global, Regional, and National Consumption of Sugar-Sweetened Beverages, Fruit Juices, and Milk: A Systematic Assessment of Beverage Intake in 187 Countries. PLoS ONE. 2015; 10(8): e0124845.
- 5 Popkin BM, Hawkes C. Sweetening of the global diet, particularly beverages: patterns, trends, and policy responses. The Lancet Diabetes & Endocrinology. 2016; 4(2): 174-86.
- 6 World Cancer Research Fund International. Curbing global sugar consumption: Effective food policy actions to help promote healthy diets and tackle obesity. London: WCRF; 2015.
- 7 United Nations Development Program, World Health Organization, United Nations Inter-agency Taskforce on the prevention and control of noncommunicable diseases. Barbados NCD Investment case; 2015.
- 8 Malik VS, Hu FB. Sugar-Sweetened Beverages and Cardiometabolic Health: An Update of the Evidence. Nutrients. 2019; 11(8): 1840.
- 9 Malik VS, Li Y, Pan A, De Koning L, Schernhammer E, Willett WC, et al. Long-term consumption of sugar-sweetened and artificially sweetened beverages and risk of mortality in US adults. Circulation. 2019; 139(18): 2113-25.

- 10 World Health Organization. Global Health Observatory (GHO) data: Raised blood pressure,. Global Health Observatory (GHO) data 2019 [cited 2019 November 23]; Available from:
- 11 Malik VS, Hu FB. Fructose and Cardiometabolic Health: What the Evidence From Sugar-Sweetened Beverages Tells Us. Journal of the American College of Cardiology. 2015; 66(14): 1615-24.
- 12 Marriott BM, Campbell L, Hirsch E, Wilson D. Preliminary data from demographic and health surveys on infant feeding in 20 developing countries. The Journal of nutrition. 2007; 137(2): 518S-23S.
- 13 Zehner E. Promotion and consumption of breastmilk substitutes and infant foods in Cambodia, Nepal, Senegal and Tanzania. Maternal & child nutrition. 2016; 12(S2): 3-7.
- 14 Jaacks LM, Kavle J, Perry A, Nyaku A. Programming maternal and child overweight and obesity in the context of undernutrition: current evidence and key considerations for low- and middle-income countries. Public health nutrition. 2017; 20(7): 1286-96.
- 15 Audain K, Levy L, Ellahi B. Sugar-sweetened beverage consumption in the early years and implications for type-2 diabetes: a sub-Saharan Africa context. Proceedings of the Nutrition Society. 2019: 1-7.
- 16 Pries AM, Rehman AM, Filteau S, Sharma N, Upadhyay A, Ferguson EL. Unhealthy Snack Food and Beverage Consumption Is Associated with Lower Dietary Adequacy and Length-for-Age z-Scores among 12–23-Month-Olds in Kathmandu Valley, Nepal. The Journal of nutrition. 2019.
- 17 Pries AM, Filteau S, Ferguson EL. Snack food and beverage consumption and young child nutrition in low- and middle-income countries: A systematic review. Maternal & Child Nutrition. 2019; 15(S4): e12729.
- 18 Nordhagen S, Pries AM, Dissieka R. Commercial Snack Food and Beverage Consumption Prevalence among Children 6–59 Months in West Africa. Nutrients. 2019; 11(11): 2715.
- 19 Adair LS, Fall CH, Osmond C, Stein AD, Martorell R, Ramirez-Zea M, et al. Associations of linear growth and relative weight gain

- during early life with adult health and human capital in countries of low and middle income: findings from five birth cohort studies. Lancet. 2013; 382(9891): 525-34.
- 20 Stein AD, Wang M, Martorell R, Norris SA, Adair LS, Bas I, et al. Growth patterns in early childhood and final attained stature: data from five birth cohorts from low- and middle-income countries. Am J Hum Biol. 2010; 22(3): 353-9.
- 21 Martorell R, Horta BL, Adair LS, Stein AD, Richter L, Fall CH, et al. Weight gain in the first two years of life is an important predictor of schooling outcomes in pooled analyses from five birth cohorts from low- and middle-income countries. J Nutr. 2010; 140(2): 348-54.
- 22 Adair LS, Martorell R, Stein AD, Hallal PC, Sachdev HS, Prabhakaran D, et al. Size at birth, weight gain in infancy and childhood, and adult blood pressure in 5 low- and middle-income-country cohorts: when does weight gain matter?

  Am | Clin Nutr. 2009; 89(5): 1383-92.
- 23 Wells JC, Ana Lydia Sawaya, Rasmus Wibaek , Martha Mwangome, Marios S Poullas, Ranjan Yajnik, Alessandro Demaio. The double burden of malnutrition: etiological pathways and consequences for health. Lancet. 2019(dec publication).
- 24 Heyward VH, Gibson A. Advanced fitness assessment and exercise prescription 7th edition. Champaign Illinois: Human kineticsPublishing; 2014.
- 25 Brownell KD, Farley T, Willett WC, Popkin BM, Chaloupka FJ, Thompson JW, et al. The Public Health and Economic Benefits of Taxing Sugar-Sweetened Beverages. New England Journal of Medicine. 2009; 361(16): 1599-605.
- 26 Donaldson E. Advocating for Sugar-Sweetened Beverage Taxation: A Case Study Of Mexico. Baltimore, Md.: Johns Hopkins Bloomberg School of Public Health; 2015.
- 27 Briggs ADM, Mytton OT, Kehlbacher A, Tiffin R, Elhussein A, Rayner M, et al. Health impact assessment of the UK soft drinks industry lew: a comparative risk assessment modelling study. The Lancet Public Health. 2017; 2(1): e15-e22.

## References

- 28 Roache SA, Gostin LO. The Untapped Power of Soda Taxes: Incentivizing Consumers, Generating Revenue, and Altering Corporate Behavior. International Journal of Health Policy and Management. 2017.
- 29 Ercin AE, Aldaya MM, Hoekstra AY. Corporate water footprint accounting and impact assessment: the case of the water footprint of a sugar-containing carbonated beverage. Water Resources Management. 2011; 25(2): 721-41.
- 30 Hoekstra AY, Chapagain, A.K. Water footprints of nations: Water use by people as a function of their consumption pattern Water Resources Management. 2007; 21: 35-48.
- 31 Hoekstra AY. The water footprint of modern consumer society: Routledge; 2013.
- 32 Amienyo D, Gujba H, Stichnothe H, Azapagic A. Life cycle environmental impacts of carbonated soft drinks. The International Journal of Life Cycle Assessment. 2013; 18(1): 77-92.
- 33 Colchero MA, Popkin BM, Rivera JA, Ng SW. Beverage purchases from stores in Mexico under the excise tax on sugar sweetened beverages: observational study. BMJ. 2016; 352.
- 34 Colchero MA, Salgado JC, Unar-Munguía M, Molina M, Ng S, Rivera-Dommarco JA. Changes in prices after an excise tax to sweetened sugar beverages was implemented in Mexico: evidence from urban areas. PLoS ONE. 2015; 10(12): e0144408.
- 35 Guerrero-López CM MM, Juan A. Rivera, Colchero MA., Employment changes associated with the implementation of the sugar-sweetened beverage and the nonessential energy dense food taxes in Mexico. In: Mexico NIoPHo, editor. Cuernevaca; 2016.
- 36 Ng SW JR, BM Popkin, MA Colchero. . Did high purchasers respond differently to the excise tax to sugar sweetened beverages in Mexico. Cuernevaca and Chapel Hill: INSP-UNC; 2016.
- 37 Colchero MA, Rivera-Dommarco J, Popkin BM, Ng SW. In Mexico, evidence of sustained consumer response two years after implementing a sugar-sweetened beverage tax. Health Affairs. 2017; 36(3): 564-71.

- 38 Sánchez-Romero LM, Penko J, Coxson PG, Fernández A, Mason A, Moran AE, et al. Projected Impact of Mexico's Sugar-Sweetened Beverage Tax Policy on Diabetes and Cardiovascular Disease: A Modeling Study. PLOS Medicine. 2016; 13(11): e1002158.
- 39 Falbe J, Thompson HR, Becker CM, Rojas N, McCulloch CE, Madsen KA. Impact of the Berkeley Excise Tax on Sugar-Sweetened Beverage Consumption. Am J Public Health. 2016; 106(10): 1865-71.
- 40 Lee MM, Falbe J, Schillinger D, Basu S, McCulloch CE, Madsen KA. Sugar-Sweetened Beverage Consumption 3 Years After the Berkeley, California, Sugar-Sweetened Beverage Tax. American journal of public health. 2019; 109(4): 637-9.
- 41 Silver LD, Ng SW, Ryan-Ibarra S, Taillie LS, Induni M, Miles DR, et al. Changes in prices, sales, consumer spending, and beverage consumption one year after a tax on sugar-sweetened beverages in Berkeley, California, US: A before-and-after study. PLOS Medicine. 2017; 14(4): e1002283.
- 42 Roberto CA, Lawman HG, LeVasseur MT, Mitra N, Peterhans A, Herring B, et al. Association of a beverage tax on sugar-sweet-ened and artificially sweetened beverages with changes in beverage prices and sales at chain retailers in a large urban setting. [ama. 2019; 321(18): 1799-810.
- 43 Encarnação R, Lloyd-Williams F, Bromley H, Capewell S. Obesity prevention strategies: could food or soda taxes improve health? The journal of the Royal College of Physicians of Edinburgh. 2016; 46(1): 32-8.
- 44 Briggs ADM, Mytton OT, Kehlbacher A, Tiffin R, Rayner M, Scarborough P. Overall and income specific effect on prevalence of overweight and obesity of 20% sugar sweetened drink tax in UK: econometric and comparative risk assessment modelling study. BMJ. 2013; 347.
- 45 Boseley S. Doctors demand a 20% tax on sugary drinks to fight UK obesity epidemic The Guardian. 2015.
- 46 Manyema M, Veerman LJ, Chola L, Tugendhaft A, Sartorius B, Labadarios D, et al. The potential impact of a 20% tax on sugar-

- sweetened beverages on obesity in South African adults: A mathematical model. PloS one. 2014: 9(8): e105287.
- 47 Donnelly L. Gordhan announces sugar tax. Mail & Guardian. 2016.
- 48 Jensen JD, Smed S. The Danish tax on saturated fat Short run effects on consumption, substitution patterns and consumer prices of fats. Food Policy. 2013; 42(0): 18-31.
- 49 Bíró A. Did the junk food tax make the Hungarians eat healthier? Food Policy. 2015; 54: 107-15.
- 50 Batis C, Rivera JA, Popkin BM, Taillie LS. First-Year Evaluation of Mexico's Tax on Nonessential Energy-Dense Foods: An Observational Study. PLoS Med. 2016; 13(7): e1002057.
- 51 Jha P, Peto R. Global Effects of Smoking, of Quitting, and of Taxing Tobacco. New England Journal of Medicine. 2014; 370(1): 60-8.