

Pfalzkllinikum

Service provider for
mental health



About us

Pfalzkllinikum is one of the biggest service providers for mental health in the Palatinate. It is a public-law institution with Bezirksverband Pfalz – a higher local government association – as its guarantor. More than 2,000 employees take care of numerous therapeutic, caring and day-structuring services with which Pfalzkllinikum responds to the need of clients and their relatives. At present, Pfalzkllinikum has more than 1,000 places and beds.

Services

Our services comprise clinics tailored to the requirements of children and adolescents, adults and the elderly, clinics for forensic psychiatry and neurology, as well as community psychiatry. Several day clinics and day centers, a medical health center and various residential and nursing concepts complete our product range. Pfalzkllinikum ensures, thus, a closely coordinated provision of inpatient and outpatient services.

Pfalzkllinikum –
service provider for
mental health in the
Palatinate



Locations

At 14 locations in the Southern and North-Western Palatinate, Pfalzkllinikum offers services for mental health. In this way we can look after our clients individually and near their home. In the Southern Palatinate, Pfalzkllinikum is located in Klingenmünster, Annweiler, Bad Bergzabern, Bellheim, Dahn, Landau, Maikammer, Pirmasens, Rodalben, Speyer and Wörth. Rockenhausen, Kaiserslautern and Kusel are part of the offer in the North Western Palatinate.

How we work

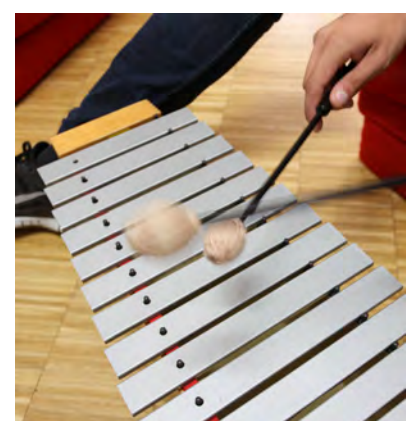
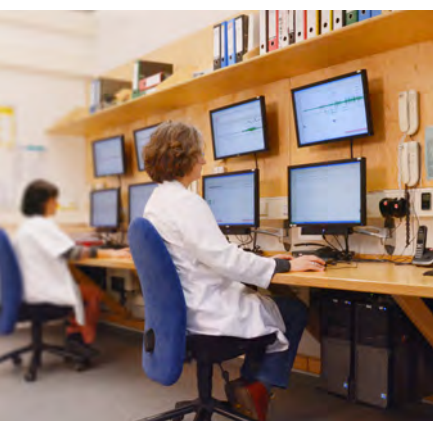
We treat and support people suffering from disorders, crises and impairments, as well as their relatives. This is done individually face to face and in a suitable therapeutic environment. During the treatment we use the abilities and resources of the persons cared for; we promote and strengthen their healthy parts. The work of Pfalzkllinikum is characterised by the approach of triadology: Get well and stay healthy is not solely a topic for experts and clients. For recovery, it is also important to include the patients' relatives and their social environment.





**Psychiatrists Psychological Psychotherapists
Neurologists Nurses Community Workers and
Social Pedagogues Teachers Remedial Teachers
and Remedial Therapists Gerontologists Geriatric
Nurses Music, Art and Occupational Therapists
Motor Activity and Sport Therapists and many other
professions and vocations**

Professional diversity
- working in a
multi-professional
team



With us you advance
- advanced training at
top level



Our educational services include, among others:

Training to be a medical specialist


As a licensed doctor you can undergo further training at Pfalzkrankenhaus to become a medical specialist for psychiatry and psychotherapy, for child and adolescent psychiatry and psychotherapy, as well as for neurology. As an integral part of our multi-professional team you pass through different clinics and departments. By doing so, you get to know the whole range of the Pfalzkrankenhaus community-psychiatric and patient-centered therapy concepts and disorder-specific special offers.

License to practice as a psychological psychotherapist

Do you have a university degree in psychology or social pedagogy and want to train to be a psychological psychotherapist, or a child and youth psychotherapist? Under the instruction of experienced colleagues you can undergo your complete practical training at Pfalzkrankenhaus. As a supplement to this training, Pfalzkrankenhaus being an Academic Teaching Hospital of the University of Mainz offers manifold internal and external continuing training courses.

Integrated degree program: "health care and nursing"

You want to base your love of care and nursing on scientific foundations and combine it with challenging tasks. Pfalzkrankenhaus offers a four-year integrated degree program combining training to be a nurse and studies in the bachelor degree program "health care and nursing", with the professional focus on "nursing of psychiatric patients" at our endowed chair at Mainz Catholic University of Applied Sciences. During the first phase of the course professional training and university studies take place simultaneously. In the second phase you will continue your studies at the same time as working on the ward.



Operate healthily and
promote diversity –
our philosophy as an
employer



How we lead

Pfalzkrlinikum, its leaders and employees foster an esteeming corporate culture. As well as open communication and team culture we promote, together, the strengths and potentials of our employees and teams. In doing so, we pay attention to setting meaningful tasks and creating room for independent decisions and the individual development of each person.

Culture of diversity

Persons from various professions, age groups and cultures work at Pfalzkrlinikum.



We use the benefits of heterogeneous personnel and we all profit together from the diversity of opinions, perspectives and approaches.

Provide a healthy work environment

In our understanding health is not only the absence of disease but the state of complete physical, mental and social wellbeing. For this reason, the aim of the Pfalzlinikum corporate health management is to plan work processes and work conditions in such a way that the employees' health is promoted in the long run.

Life-long learning

For the continuing personal and professional education of our employees, the securing of knowledge for Pfalzlinikum as an organisation and the consistently high quality of our work we pursue the idea of life-long learning. In our institute of continuing and advanced training we offer not only the required contents but also a suitable learning environment. So our employees and leaders can adjust to changing processes, structures and challenges in a healthy and motivating way.

Corporate health management

Health represents an important value in our corporate culture. By means of our corporate health management we want to organise work at Pfalzkllinikum together with our employees in such a way that their health is supported in the long term. This includes esteeming leadership and health-promoting work processes, as well as numerous leisure opportunities for active recovery.

Nutrition and exercise go hand in hand: Whether jogging, back training classes, volleyball or swimming - our clinic sports groups offer activities in a collegial environment. For individual fitness training

you can go to one of our partner studios in the Palatinate. Our corporate health management program is complemented by cooking classes, nutrition workshops and health tips for every-day life.

Pfalzkllinikum - not merely as an employer but above all as a service provider for mental health - attaches great importance to the fact that our employees can also strengthen their mental resilience: Therefore the Pfalzkllinikum corporate health management also offers mindfulness training classes, positive psychology workshops, yoga classes and relaxation and stress management techniques.

More balance - our offers for a healthy work-life balance



Successfully combine work and private life

We want our employees to feel comfortable with their jobs at Pfalzkrlinikum. With different services we help them reconcile work, family and care. These services comprise among others:

- » Places in a day nursery in Klingenmünster and care services during holidays
- » Care of elderly relatives in our day centers for senior citizens
- » Counselling of employees with relatives needing care

- » Our cooperation with the online platform "betreut.de" for family services such as child care, private tuition, care of relatives, animal care, as well as support for their house and garden
- » Flexible working time models for a healthy balance between professional and private requirements





Investment in the future - staff development at Pfalzlinikum



Coaching and leadership training

We attach great importance to a healthy, beneficial work climates and the development of knowledge and potential in our organisation. For this reason we offer a coaching for all employees helping them to manage the challenges of their activities and support their on-going personal and professional development.

During comprehensive training, new and future leaders are prepared for their new role and are able to recognise and strengthen the potentials of their staff and



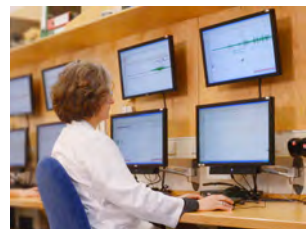
to create a work environment characterised by trust, as well as promoting individual responsibility. In doing so, the future leaders further develop their own skills and strengths. They train social, personal and methodical competences, as well as the handling of their new role.

Institute of Continuing and Advanced Training

Providing training services the Institute of Continuing and Advanced Training supports the Pfalzlinikum employees by further developing their competences. In

doing so, we secure knowledge and skills to be able to maintain the offers of psychosocial and neurological care in a constantly high quality - whether in in patient or outpatient care. Regarding content the different event formats - such as seminars, workshops, keynote speeches or e-learning - organised by the Corporate Continuing and Advanced Training Institute focus on:

- » Communication and development of relations
- » Psychiatric expertise
- » Methodological skills



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