

References

1. U.S. Department of Health and Human Services (HHS). National Strategy for Suicide Prevention. U.S. Department of Health and Human Services,. Updated March 31, 2025. Accessed October 1, 2025. <https://www.hhs.gov/programs/prevention-and-wellness/mental-health-substance-use-disorder/national-strategy-suicide-prevention/index.html>

2. World Health Organization. Suicide. World Health Organization,. Updated March 25, 2025. Accessed September 30, 2025. <https://www.who.int/news-room/fact-sheets/detail/suicide>

3. Burke CT, Calear AL, Cruwys T, Batterham PJ. Are parents the key? How parental suicide stigma and suicide literacy affect help-seeking attitudes and intentions for their child. *Journal of Youth & Adolescence*. 2023;52(11):2417-2429.

4. Haines KL, Gorenshstein L, Kaur K, et al. Child firearm-related homicide and suicide by state legislation in the US (2009 to 2020). *Journal of the American College of Surgeons*. 2024;239(6):576-587.

5. Olds KL, Tse R, Stables S, et al. An analysis of risk factors for child suicide in three centres from 2008 to 2017. *Medicine, Science & the Law*. 2025;65(3):221-226.

6. AAP-AACAP-CHA. AAP-AACAP-CHA declaration of a national emergency in child and adolescent mental health. American Academy of Pediatrics, American Association of Child and Adolescent Psychiatry, and the Children's Hospital Association. Updated 10/19/2021. Accessed July 3, 2024. <https://www.aap.org/en/advocacy/child-and-adolescent-healthy-mental-development/aap-aacap-cha-declaration-of-a-national-emergency-in-child-and-adolescent-mental-health/>

7. Zhu X, Griffiths H, Murray AL. Co-Developmental Trajectories of Parental Psychological Distress and Child Internalizing and Externalizing Problems in Childhood and Adolescence: Associations with Self-Harm and Suicide Attempts. *Research on Child and Adolescent Psychopathology*. 2023;51(6):847-858.

8. Mohammadi F, Oshvandi K, Shamsaei F, Khodaveisi M, Khazaei S, Masoumi SZ. Child exposure to domestic violence, substance dependence and suicide resilience in child laborers. *BMC Public Health*. 2023;23(1):467.

9. Duprey EB, Handley ED, Wyman PA, Ross AJ, Cerulli C, Oshri A. Child maltreatment and youth suicide risk: A developmental conceptual model and implications for suicide prevention. *Development & Psychopathology*. 2023;35(4):1732-1755.

10. Colpe L, Blair JM, Kurikeshu R, et al. Research, practice, and data informed investigations of child and youth suicide: A science to service and service to science approach. *Journal of Safety Research*. 2024;88:406-413.

11. Colburn D, Mitchell KJ, Gewitz-Meydan A. Cumulative determinants of adolescent health indicators: the effects of social and structural determinants of health and child sexual abuse on overdose and suicide attempt. *Frontiers in Public Health*. 2025;13:1595115.

12. Angelakis I, Austin JL, Gooding P. Association of childhood maltreatment with suicide behaviors among young people: A systematic review and meta-analysis. *JAMA Netw Open*. Aug 3 2020;3(8):e2012563. doi:10.1001/jamanetworkopen.2020.12563

13. Moore SE, Norman RE, Suetani S, Thomas HJ, Sly PD, Scott JG. Consequences of bullying victimization in childhood and adolescence: A systematic review and meta-analysis. *World Journal of Psychiatry*. Mar 22 2017;7(1):60-76. doi:10.5498/wjp.v7.i1.60

14. Kerns K, Jawad K, Feygin Y, et al. The positive association of physical activity on sadness and suicide behaviors for youth who have been bullied. *Journal of Affective Disorders*. June 1, 2025 2025;378:248253.

15. Weisner L, Mock L. Youth bullying: An overview and related interventions. Illinois Criminal Justice Information Authority. Accessed July 3, 2024. <https://icjia.illinois.gov/researchhub/articles/youth-bullying-an-overview-and-related-interventions/>

16. Hinduja S, Patchin JW. Bullying, cyberbullying, and suicide. *Archives of Suicide Research*. 2010;14(3):206-21. doi:10.1080/13811118.2010.494133

17. Moore H, Sayal K, Williams AJ, Townsend E. Investigating the relationship between bullying involvement and self-harmful thoughts and behaviour in young people: A systematic review. *Journal of Affective Disorders*. Oct 15 2022;315:234-258. doi:10.1016/j.jad.2022.07.056

18. Arango A, Opperman KJ, Gipson PY, King CA. Suicidal ideation and suicide attempts among youth who report bully victimization, bully perpetration and/or low social connectedness. *Journal of Adolescence*. Aug 2016;51:19-29. doi:10.1016/j.adolescence.2016.05.003

19. Kim YS, Leventhal B. Bullying and suicide. A review. *International Journal of Adolescent Medicine and Health*. Apr-Jun 2008;20(2):133-54. doi:10.1515/ijamh.2008.20.2.133

20. Sibold J, Edwards E, Murray-Close D, Hudziak JJ. Physical activity, sadness, and suicidality in bullied US adolescents. *Journal of the American Academy of Child and Adolescent Psychiatry*. Oct 2015;54(10):808-15. doi:10.1016/j.jaac.2015.06.019

21. Phillips D, Lauterbach D. American Muslim immigrant mental health: The role of racism and mental health stigma *Journal of Muslim Mental Health*. 2017;11(1):39-56. doi:10.3998/jmmh.10381607.0011.103

22. Feng RY, Krygsman A, Vaillancourt T, Vitoroulis I. Experiences of racial microaggression among immigrant and Canadian-born young adults: Effects of double stigma on mental health and service use. *International Journal of Social Psychiatry*. 2023;69(7):1723-1735.

23. Dempster R, Davis DW, Faye Jones V, Keating A, Wildman B. The role of stigma in parental help-seeking for perceived child behavior problems in urban, low-income African American parents. *Journal of Clinical Psychology in Medical Settings*. Dec 2015;22(4):265-78. doi:10.1007/s10880-015-9433-8

24. Dempster R, Wildman B, Keating A. The role of stigma in parental help-seeking for child behavior problems. *Journal of Clinical Child & Adolescent Psychology*. 2013/01/01 2012;42(1):56-67. doi:10.1080/15374416.2012.700504

25. Cheng H-L, Kwan K-LK, Sevig T. Racial and ethnic minority college students’ stigma associated with seeking psychological help: Examining psychocultural correlates. *Journal of Counseling Psychology*. 2013;60(1):98-111. doi:10.1037/a0031169

26. Torales J, Aveiro-Róbal TR, Ríos-González C, et al. Discrimination, stigma and mental health: What’s next? *International Review of Psychiatry*. 2023/05/19 2023;35(3-4):242-250. doi:10.1080/09540261.2023.2186218

27. Le J, Jawad K, Feygin Y, et al. Examination of U.S. national rates of emergency department visits and hospitalizations for depression and suicidal behaviors after the release of the 13 Reasons Why Netflix series by demographic characteristics. *Journal of Affective Disorders*. Aug 15 2022;311:508-514. doi:10.1016/j.jad.2022.05.116

28. Sinyor M, Williams M, Tran US, et al. Suicides in young people in Ontario following the release of “13 Reasons Why”. *Canadian Journal of Psychiatry*. Nov 2019;64(11):798-804. doi:10.1177/0706743719870507

29. Sinyor M, Mallia E, de Oliveira C, et al. Emergency department visits for self-harm in adolescents after release of the Netflix series ‘13 Reasons Why’. *The Australian and New Zealand Journal of Psychiatry*. Dec 28 2021:48674211065999. doi:10.1177/00048674211065999

30. Reidenberg D, Niederkrotenthaler T, Sinyor M, Bridge JA, Till B. 13 Reasons Why: The evidence is in and cannot be ignored. *Journal of the American Academy of Child and Adolescent Psychiatry*. Sep 2020;59(9):1016-1018. doi:10.1016/j.jaac.2020.01.019

31. Bridge JA, Greenhouse JB, Ruch D, et al. Association between the release of Netflix’s 13 Reasons Why and suicide rates in the United States: An interrupted time series analysis. *Journal of the American Academy of Child & Adolescent Psychiatry*. 2020/02/01/ 2020;59(2):236-243. doi: <https://doi.org/10.1016/j.jaac.2019.04.020>

32. Niederkrotenthaler T, Stack S, Till B, et al. Association of increased youth suicides in the United States with the release of 13 Reasons Why. *JAMA Psychiatry*. Sep 1 2019;76(9):933-940. doi:10.1001/jamapsychiatry.2019.0922

33. Ferguson CJ. 13 reasons why not: A methodological and meta-analytic review of evidence regarding suicide contagion by fictional media. *Suicide and Life Threatening Behavior*. Aug 2019;49(4):1178-1186. doi:10.1111/sltb.12517

34. Sugg MM, Michael KD, Stevens SE, Filbin R, Weiser J, Runkle JD. Crisis text patterns in youth following the release of 13 Reasons Why Season 2 and celebrity suicides: A case study of summer 2018. *Preventive Medicine Reports*. 2019/12/01/ 2019;16:100999. doi: <https://doi.org/10.1016/j.pmedr.2019.100999>

35. Bronfenbrenner U. Ecology of the family as a context for human development: Research perspectives. *Dev Psychol*. 1986;22:723-742.

36. Bronfenbrenner U, Morris PA. The ecology of developmental processes. In: Damon W, ed. *Handbook of child psychology*. Wiley; 1998:993-1028.

37. Sameroff A. The transactional model of development: How children and contexts shape each other. American Psychological Association; 2009:The transactional model of development: How children and contexts shape each other. xiv, 290.

38. Thelen E, Smith L. A dynamic systems approach to the development of cognition and action. MIT Press; 1996.

39. King CA, Harness J, Arango A, Czyz E. Suicide prevention in youth. *Current Psychiatry Reports*. 2025;27(9):500-508.